

# Provtagning för klamydia & gonokocker

Sampling for chlamydia and gonococci

## **Patient instructions**

## The sample kit contains:

- Sampling tube with orange / blue cork. The tube contains liquid that is necessary for the sample to not be destroyed. The liquid should remain in the tube.
- Plastic pipette for transferring urine.
- Sampling stick (cotton swab in paper bag) for vaginal samples.

### Do as follows:

### **Urine sample:**

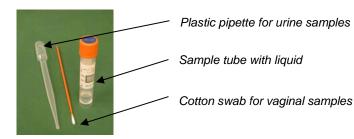
- You should keep the urine in your bladder for at least an hour before taking this test.
- Collect the first portion of the urine in a plastic cup.
- Fill the plastic pipette with urine and transfer it to the sampling tube, the level should be between the max and min in the window of the tube. Screw the cork tightly.

#### Vaginal sample:

- Remove the cotton swab from the paper bag.
- Insert the swab a few centimeters into the vagina. Rotate the swab against the wall of the vagina a few times.
- Put the cotton swab into the tube with liquid. Break off the swab at the mark and discard the top. Screw the cork tightly.

### Storage:

Label the tube with the date and personal identification number. The sample can be stored for 5 days at room temperature. Return the sample to the laboratory.



Region Östergötland