

Mitraliskirurgi

SFKF HÖSTMÖTE 2024-10-04

FARKAS VÁNKY

THORAX- KÄRLKLINIKEN I LINKÖPING

ÖVERLÄKARE, BITR. PROFESSOR

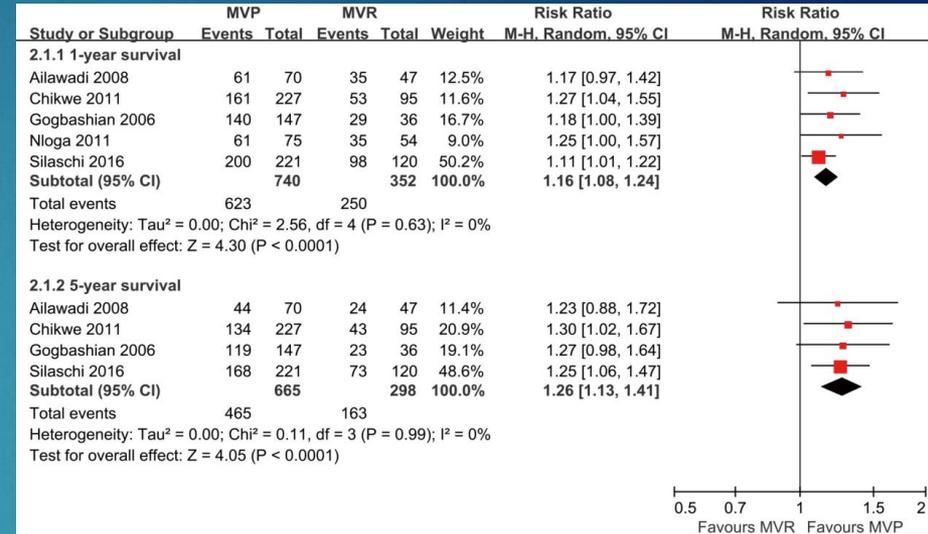
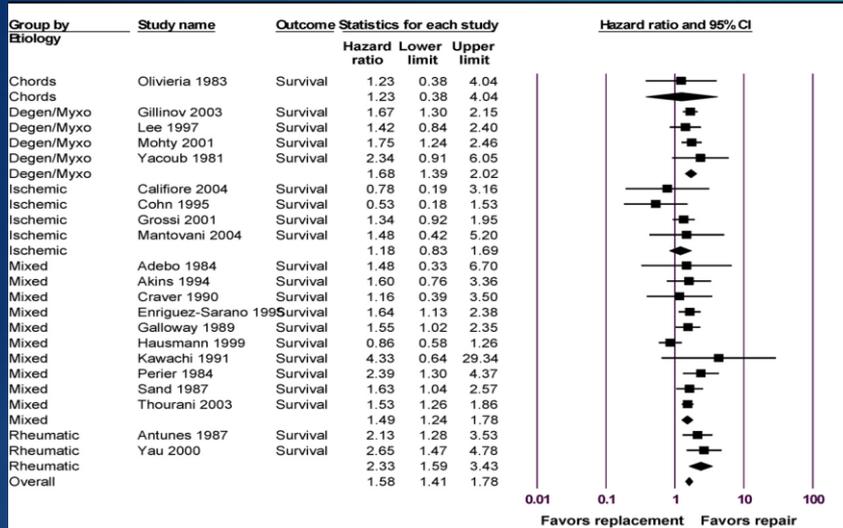
Mitraliskirurgi:

- **MVR (mitral valve replacement) – Biologisk eller mekanisk**
 - Mitralisstenos
 - Mitralisinuficiens som man inte kan laga
- **Mitralisplastik**
 - Bäst kort- och långtidsresultat oavsett ålder
 - Förutsätter att plastiken är hållbar
 - Olika tekniker används och kombineras

Repair v Replacement metaanalyser

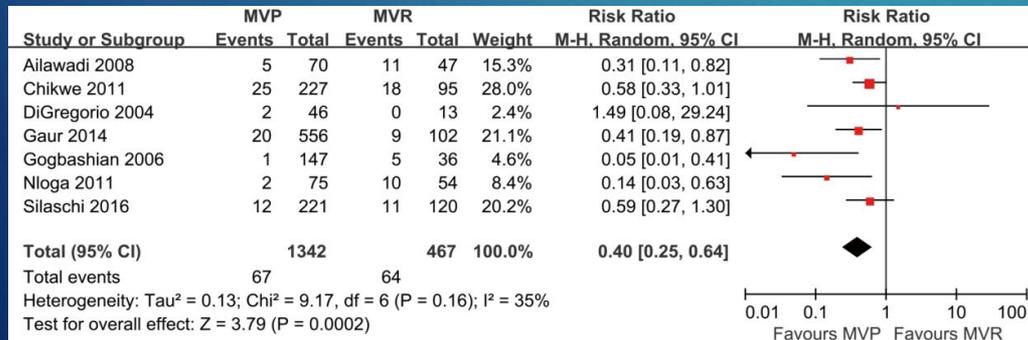
30d överlevnad

1 och 5 årsöverlevnad



J. Shuhaiber, R.J. Anderson / European Journal of Cardio-thoracic Surgery 31 (2007)

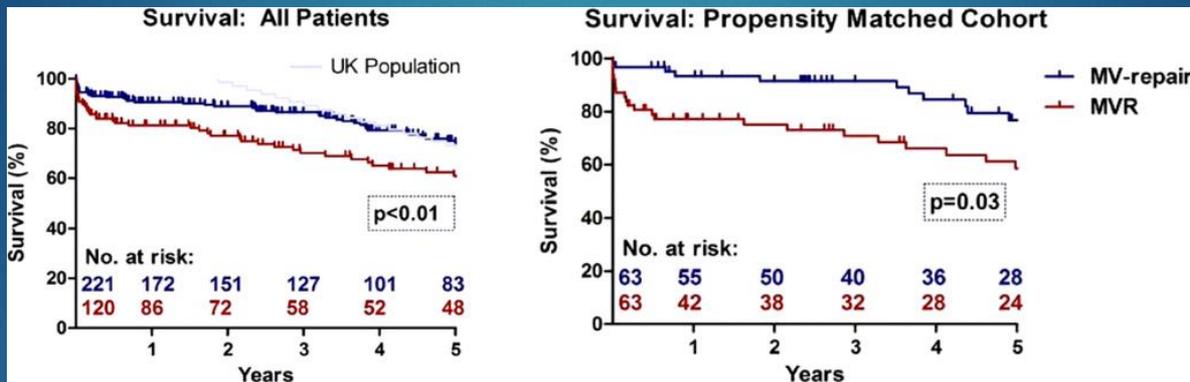
Xiaoke Shang, Rong Lu, Mei Liu, Shuna Xiao, Nianguo Dong. Journal of Thoracic Disease 2017



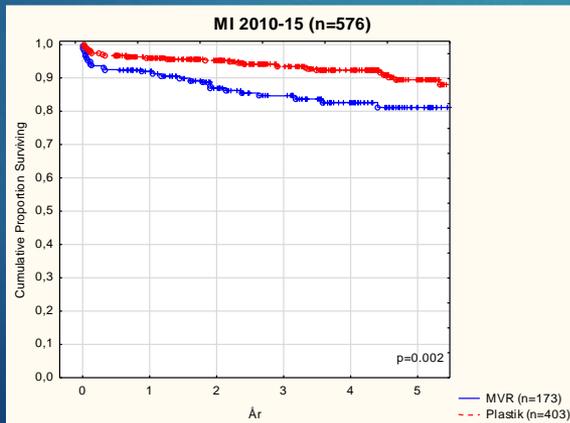
Repair v Replacement

► Patients > 75yrs, survival

Conclusions—Excellent outcomes can be achieved after MV surgery in elderly patients. Long-term survival is superior after MV-repair and the re-operation rate is low. MV-repair should be the preferred surgical approach in elderly patients. (J Am Heart Assoc. 2016)

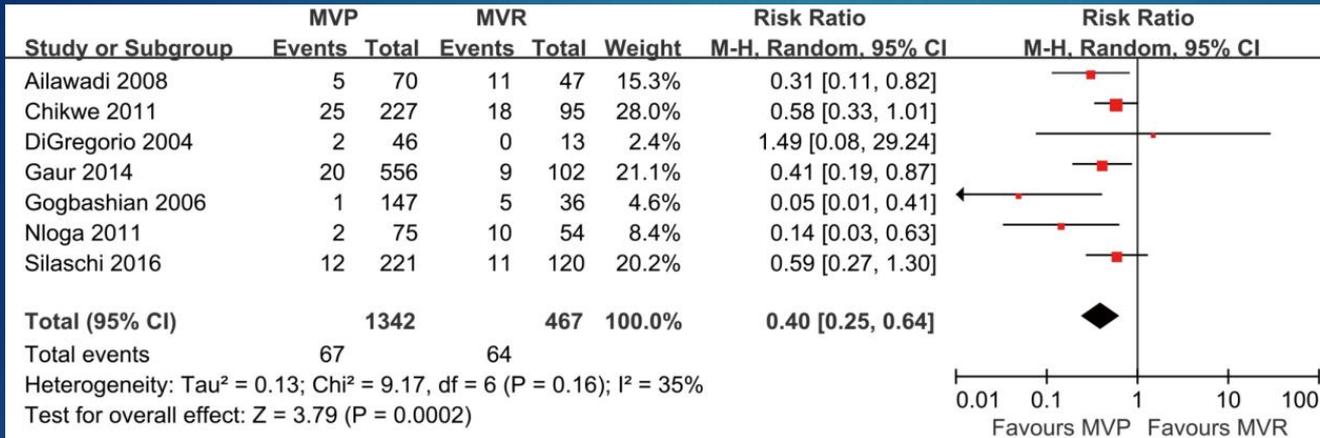


► Linköping, alla åldrar, överlevnad

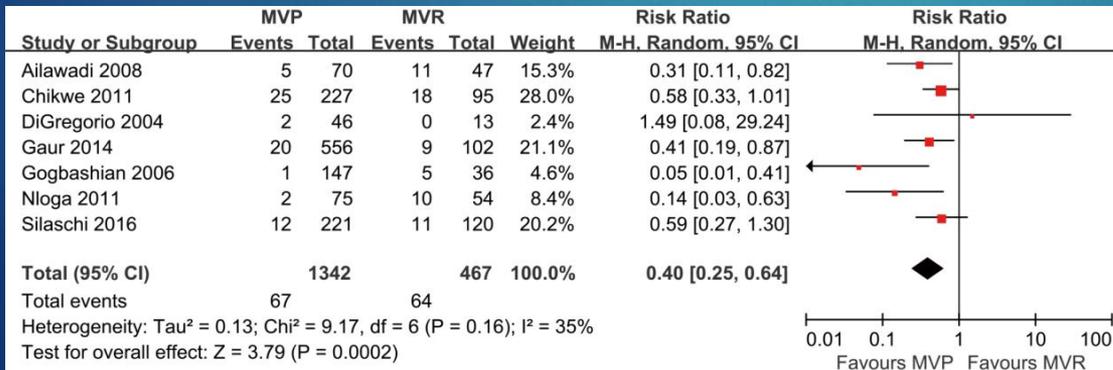


Repair v Replacement (metaanalyser)

Reoperation under uppföljningen



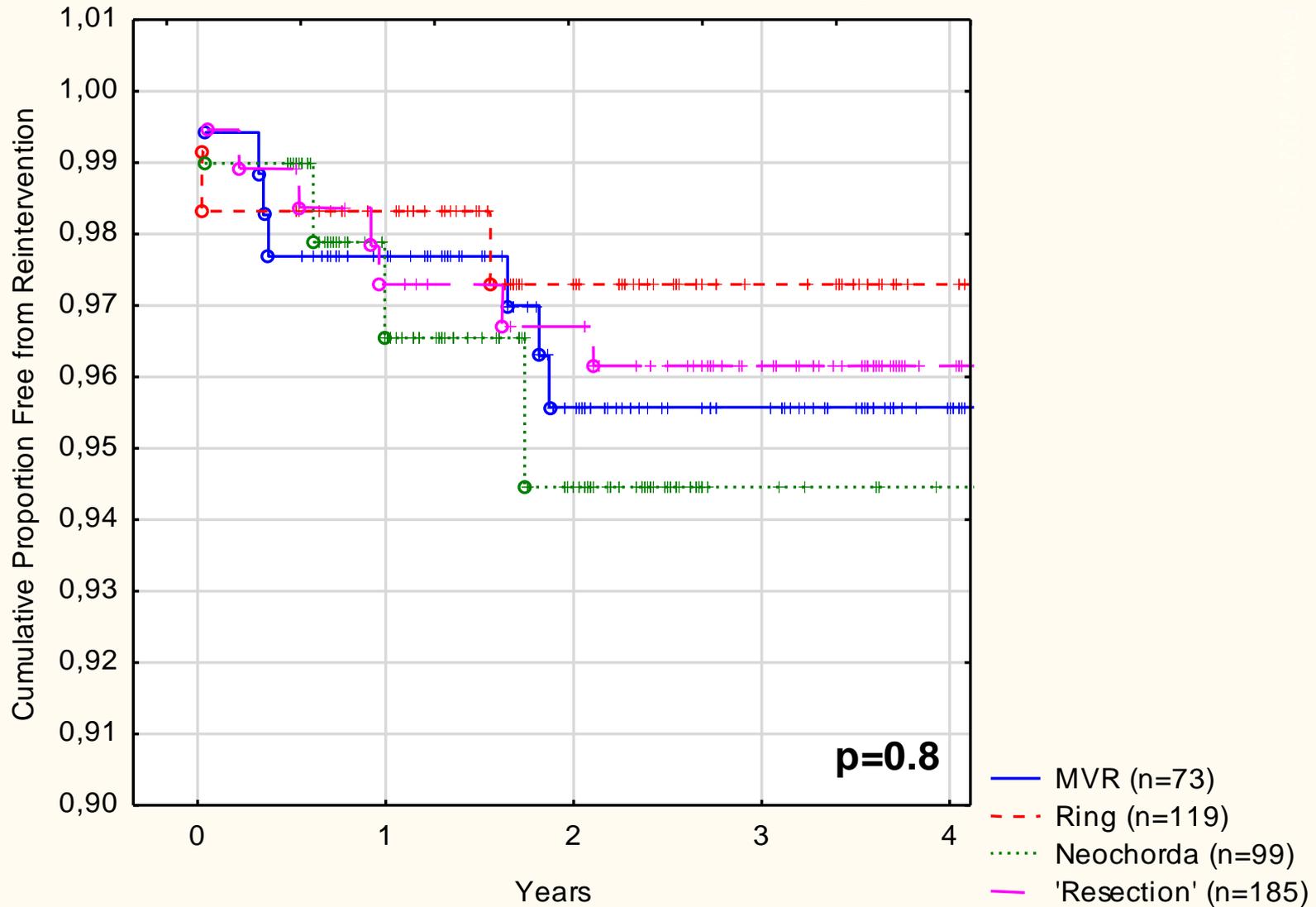
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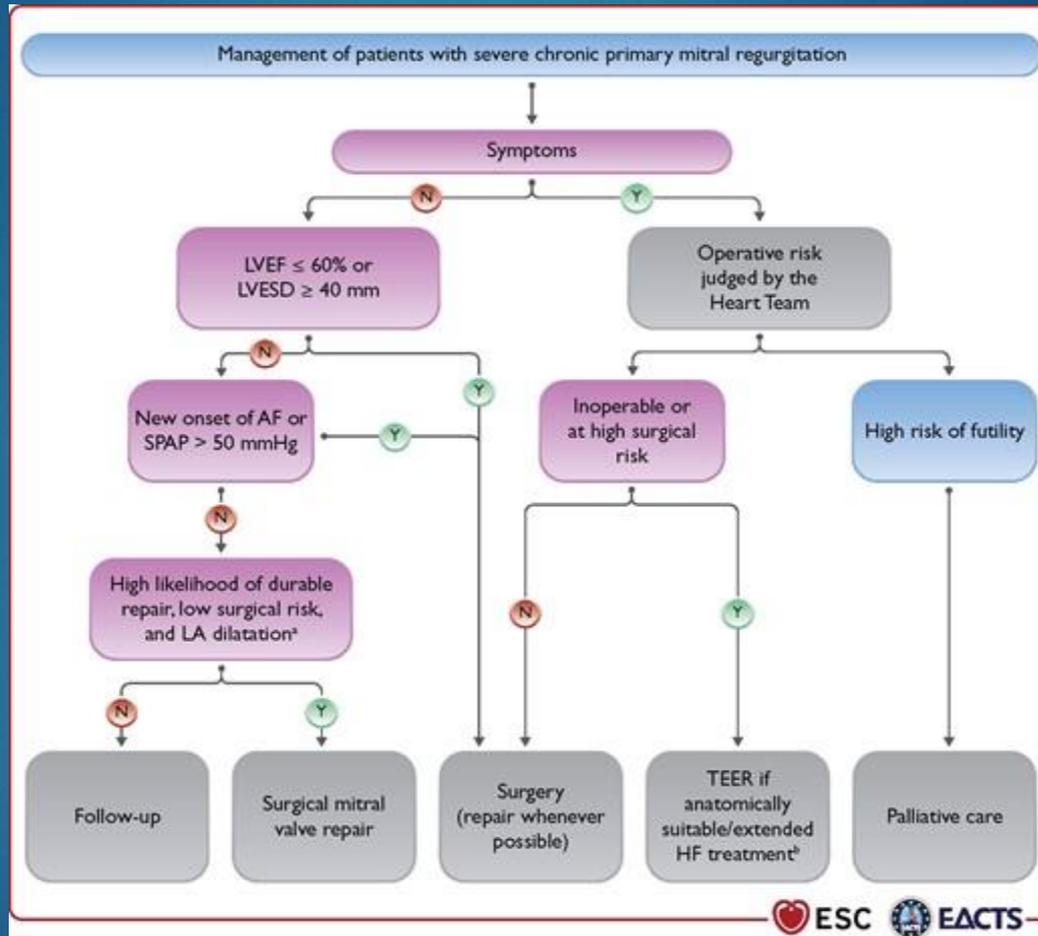
Reoperation

Reinterventionfree time MI patients



När indikationen för kirurgi är fastställd, primär MR

2021 ESC/EACTS Guidelines for the management of valvular heart disease:



| Recommendations | Class ^a | Level ^b |
|--|--------------------|--------------------|
| <u>Mitral valve repair is the recommended surgical technique when the results are expected to be durable.</u> ^{293–296} | I | B |
| Surgery is recommended in <u>symptomatic</u> patients who are operable and not high risk. ^{293–296} | I | B |
| Surgery is recommended in <u>asymptomatic</u> patients with <u>LV dysfunction</u> (LVESD ≥ 40 mm and/or LVEF $\leq 60\%$). ^{277,286,292} | I | B |
| <u>Surgery should be considered in asymptomatic</u> patients with preserved LV function (LVESD < 40 mm and LVEF $> 60\%$) and <u>AF secondary to</u> mitral regurgitation or pulmonary hypertension ^c (SPAP at rest > 50 mmHg). ^{285,289} | IIa | B |
| Surgical mitral valve repair should be considered in low-risk asymptomatic patients with LVEF $> 60\%$, LVESD < 40 mm ^d and significant <u>LA dilatation</u> (volume index ≥ 60 mL/m ² or diameter ≥ 55 mm) when performed in a Heart Valve Centre and a durable repair is likely. ^{285,288} | IIa | B |
| <u>TEER may be considered in symptomatic</u> patients who fulfil the echocardiographic criteria of eligibility, are <u>judged inoperable or at high surgical risk</u> by the Heart Team and for whom the procedure is not considered futile. ^{299–302} | IIb | B |

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Vad behöver vi veta inför kirurgi (plastik)?

Prolaps – var? hur stor?

Restriktivitet? (tenting: 0-5, 5-10, >10mm)

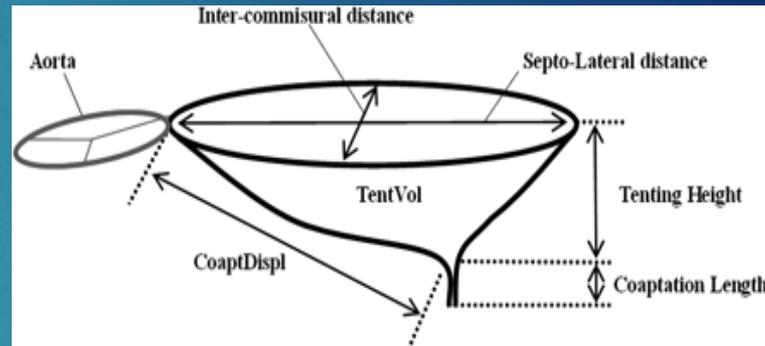
Ringmått – AP/IC

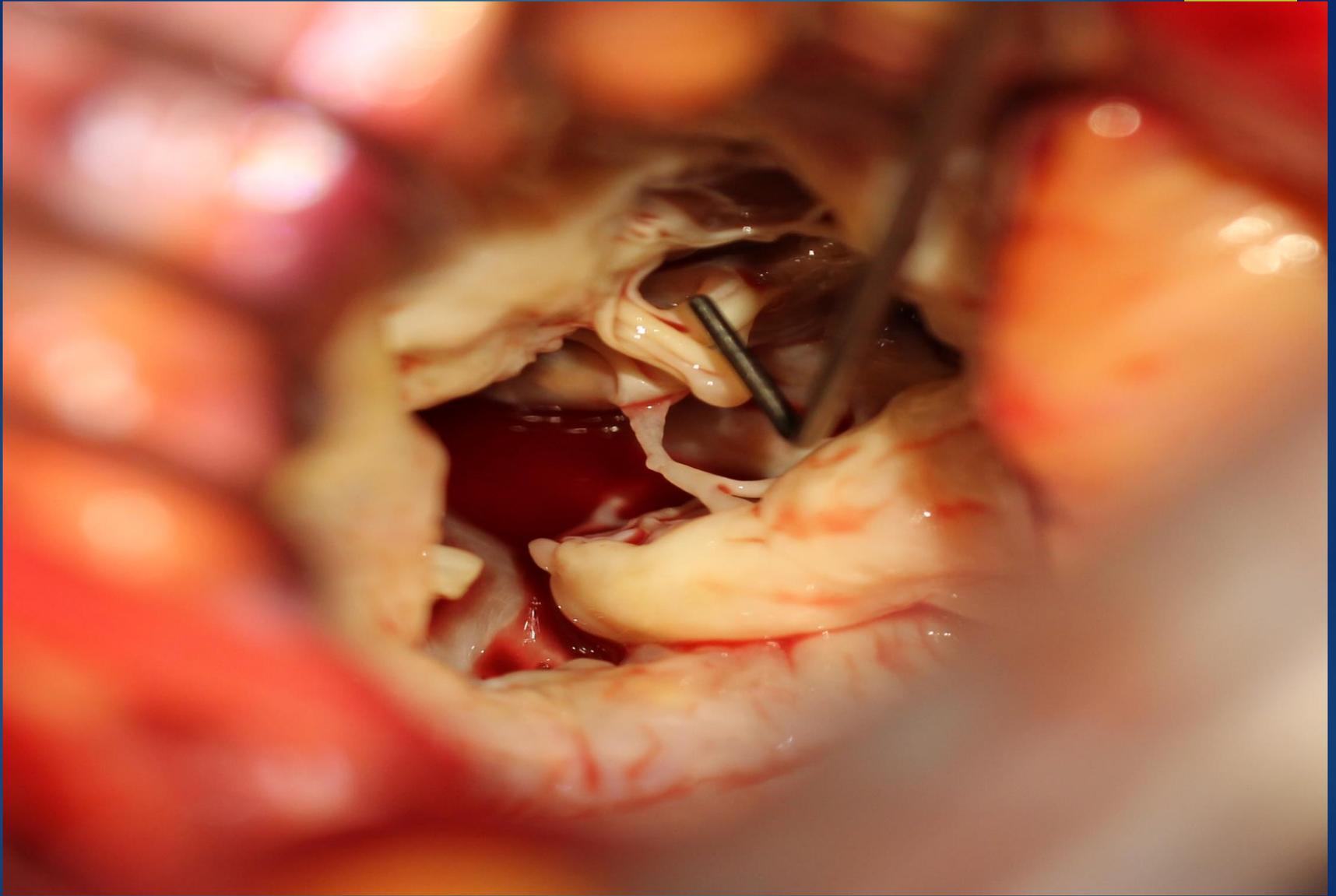
Barlow

LVOT obstruktion – tendens till SAM

Aorto-mitral vinkel

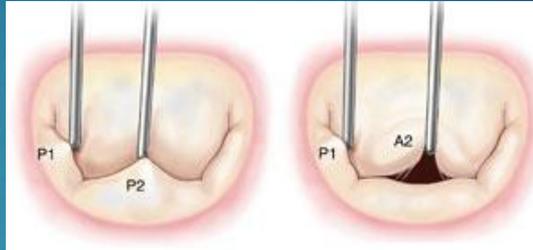
Övriga vitier, koronarkärl (stenoser, anatomi), lungfunktion



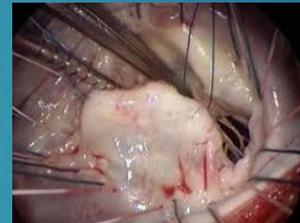


Peroperativ kirurgisk klaffanalys

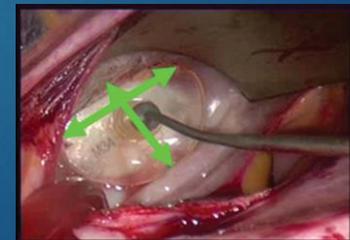
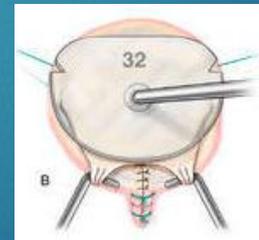
P1 referens för chorda-längd



Baksegellängd



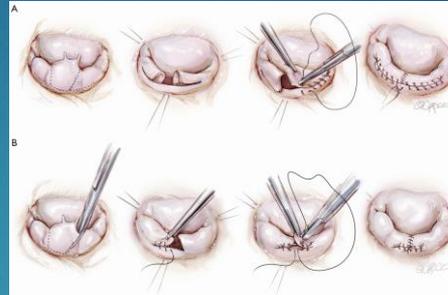
Framsegelyta + IC distans -> Ringstorlek



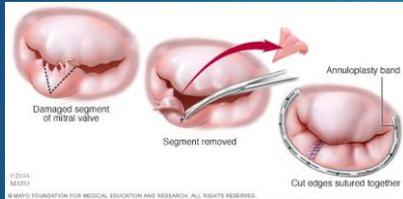
Plastikmetoder I

Resektion (endast baksegel – P2)

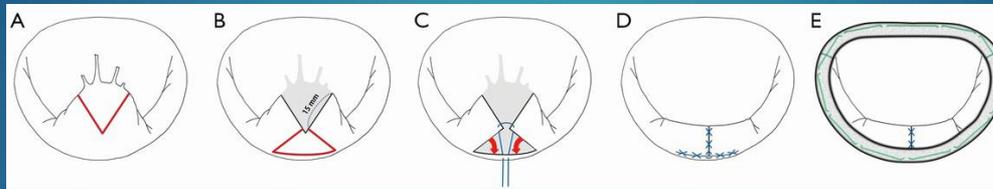
- Kvadrangulär (slidin/folding)



- kil



- butterfly



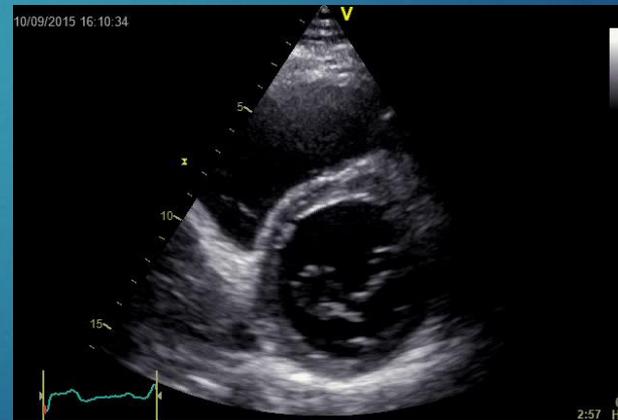
Komissurplastik



Edge-to-edge, Alfieri stich

Barlow

SAM

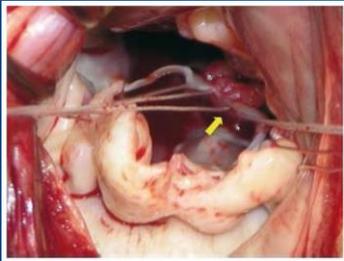
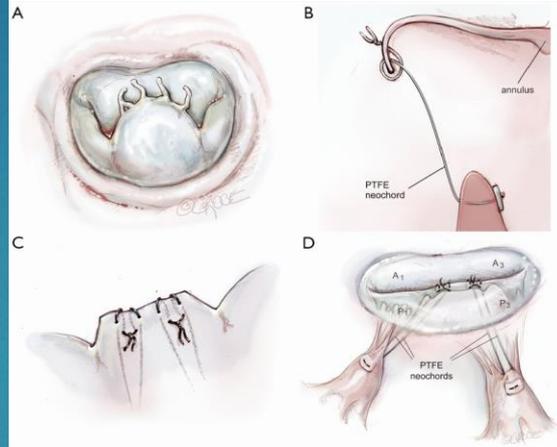


Resektionsplastik, för- och nackdelar

- Sjuk vävnad tas bort
 - Välbeprövad teknik
 - Mindre risk för SAM
-
- Endast baksegel
 - Mindre ring/ostium
 - Ingen återvändo

Plastikmetoder II

Neochorda (Gore-Tex)

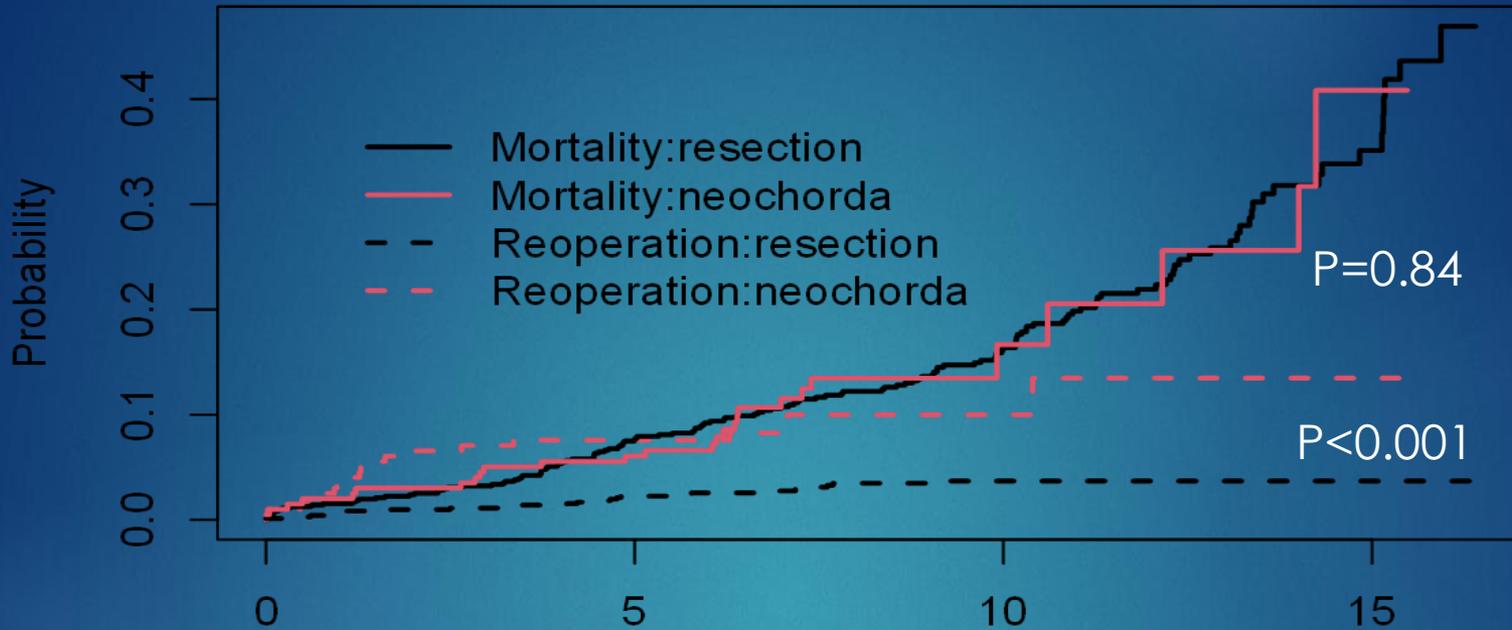


Neochorda, för- och nackdelar

- Alla klaffsegment kan åtgärdas, även omfattande Barlow
- Kan testas och justeras
- Större ring/ostium
- Sjuk vävnad kvar
- Större risk för SAM
- Välbeprövad (>20 år) men fortfarande vissa **frågetecken kring hållbarhet**

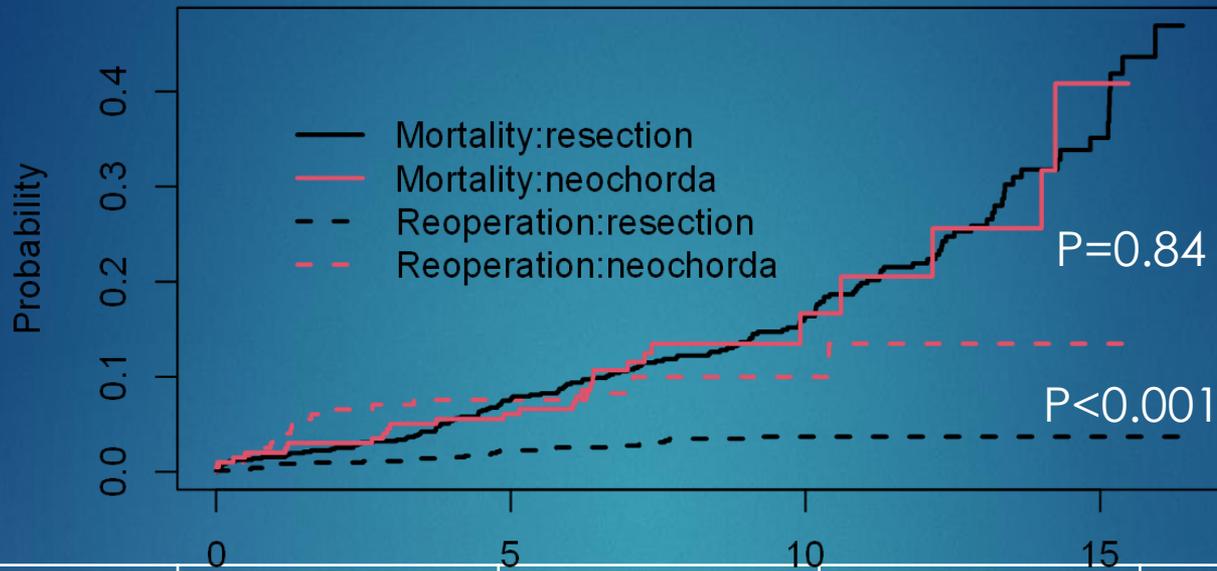


Svensk multicenterstudie (under publ)



| Neochorda | | | | |
|------------------|-----|-----|-----|----|
| At risk | 198 | 166 | 22 | 1 |
| Events | 0 | 15 | 18 | 19 |
| Resection | | | | |
| At risk | 709 | 602 | 331 | 42 |
| Events | 0 | 16 | 24 | 24 |

Results 2

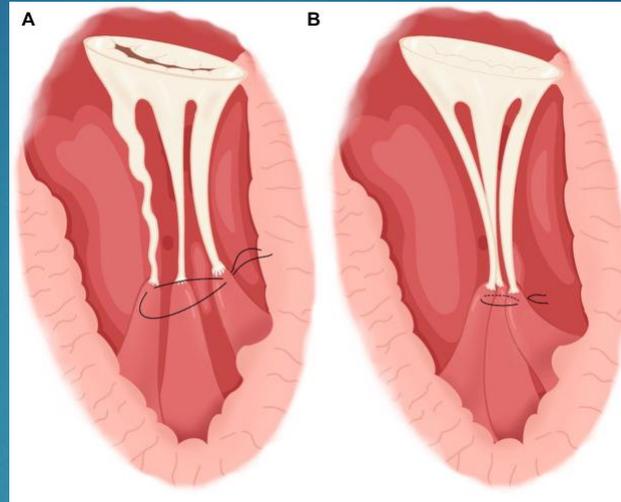


| | | | | |
|------------------|-----|--|--|--|
| Neochorda | | | | |
| At risk | 198 | | | |
| Events | 0 | | | |
| Resection | | | | |
| At risk | 709 | | | |
| Events | 0 | | | |



Plastikmetoder III

Papillarmuskelplastik



Chordaförflyttning fr PL till AL

Alltid annuloplastik med ring!

Med ytterst få undantag

Mål att eftersträva med mitralisplastiken för ett hållbart resultat:

Inget läckage

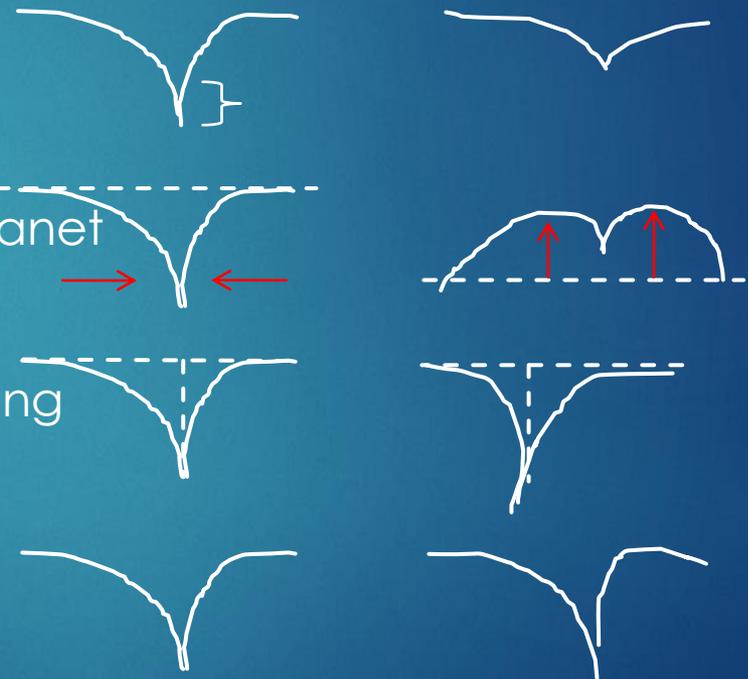
Ring - remodelering

Coaptationsyta > 3-4mm (7mm)

Coaptationsnivå nedanför annulusplanet

Coaptationsläge i anteposterior riktning

Apposition symmetrisk

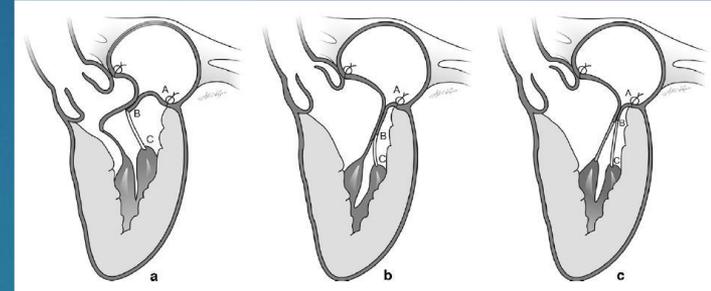


Fallgropar

Systolic anterior motion (SAM)

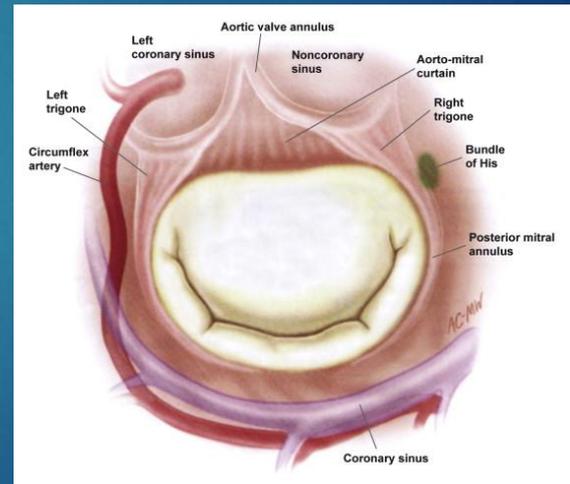
Ökad risk om:

- Baksegellängd > 2 cm (1,5 cm)
- Coapt-sept distans < 3 cm (2,5 cm)
- Hypertrof, buktande septum $> 1,5$ cm
- Vinkeln aorta- och mitralisklaffplanet $< 120^\circ$



Cx obstruktion

Aortainsufficiens

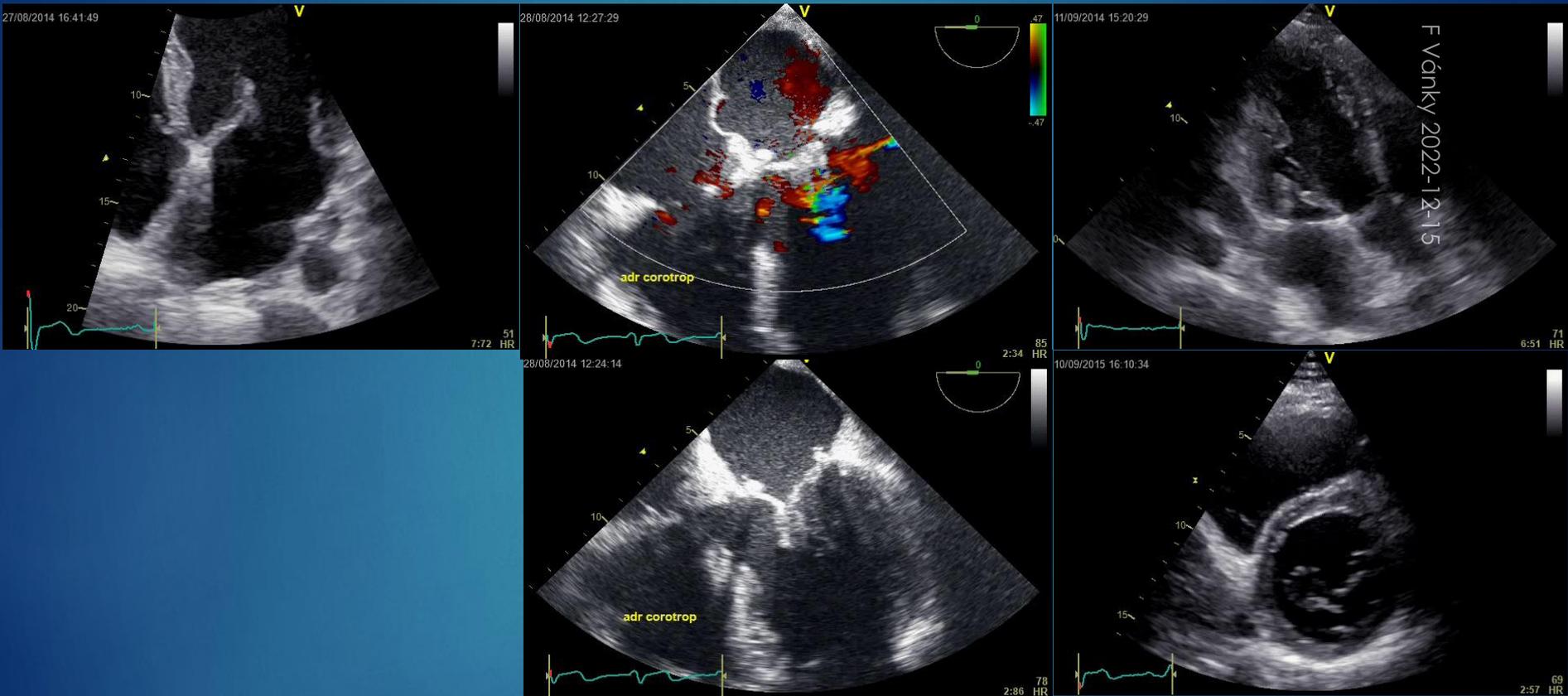


SAM (CT -57)

Preop: Barlow, dil ring, måttl MI
Mitral annulus disjunction (MAD)

Op: CE-ring
Perop: Turbulens i LVOT, SAM

Reop: Alfierisutur
Postreop: Fritt i LVOT, dubbel orifice

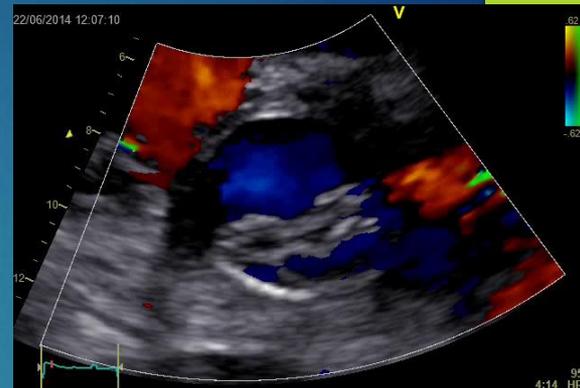
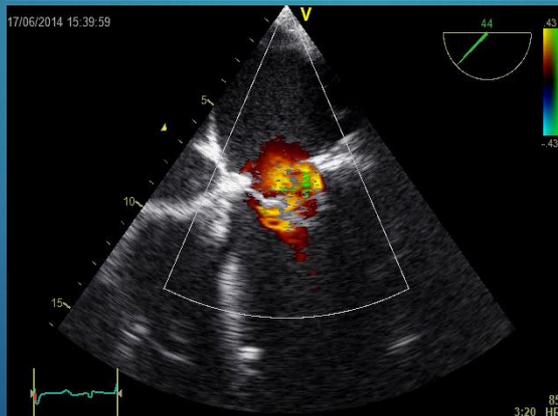


MI-recidiv (CT -70) pre-perop

Preop
Chordaeruptur P2, AP58/IC47

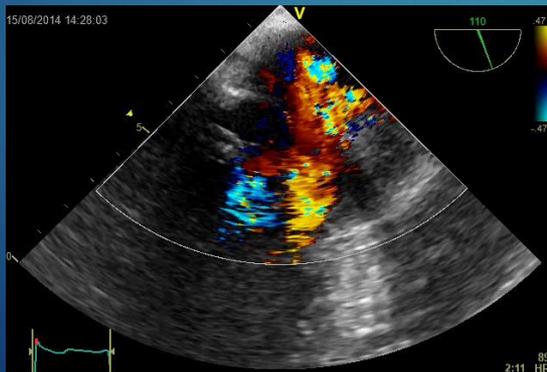
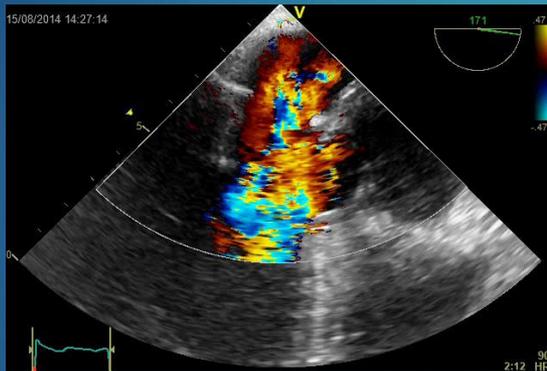
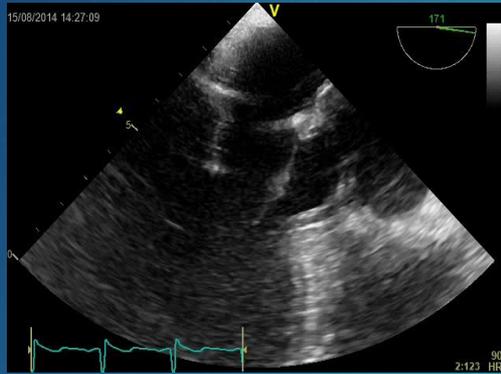
Op CE-ring 38mm, Neochordae
4 st
Perop: Inget läckage

Postop D5
Välfungerande plastik

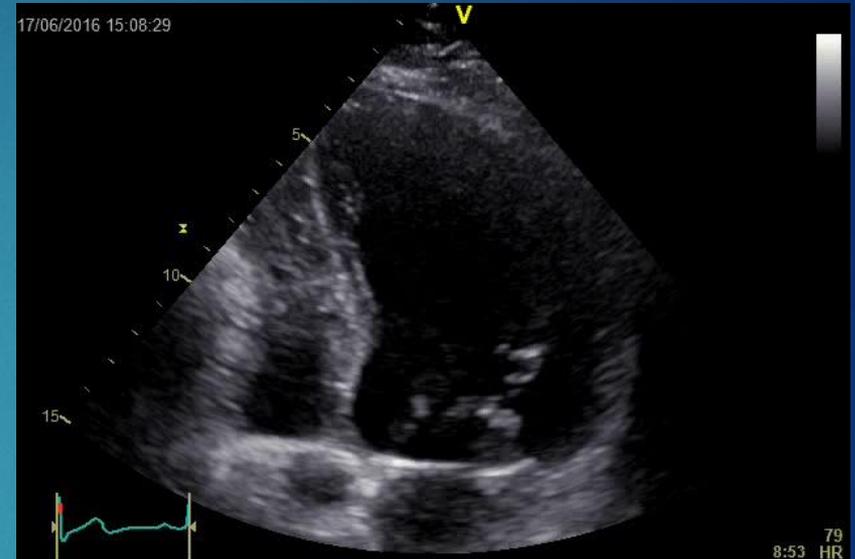


MI-recidiv (CT -70) postop

Postop 2 mån: VK 61mm, EF 44%,
måttlig MI '1,5', PL-prolaps
Mi-clip testas -> för hög gradient, tas
bort



Postop 2 år
EF 64%, hyperdynamisk VK,
MI kvar men svårvärderad

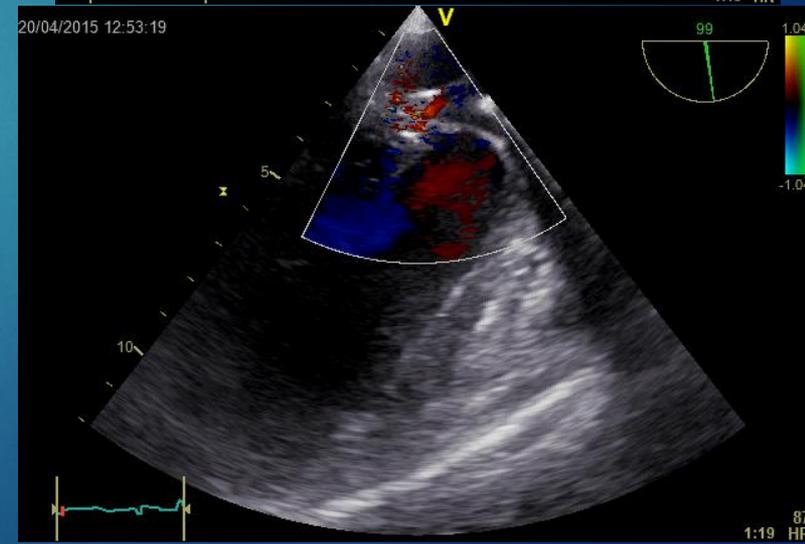
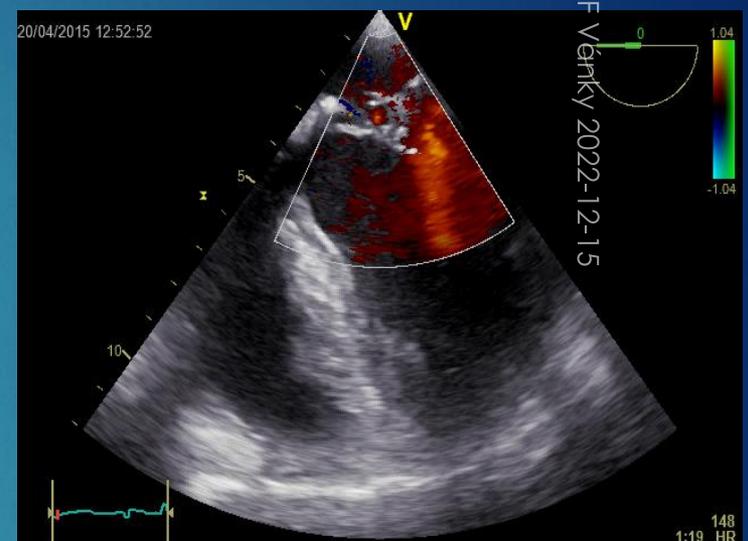


MI-recidiv (LJ -60) pre-perop

Preop
P2-prolaps, AP39/IC42, Dil VK
63mm

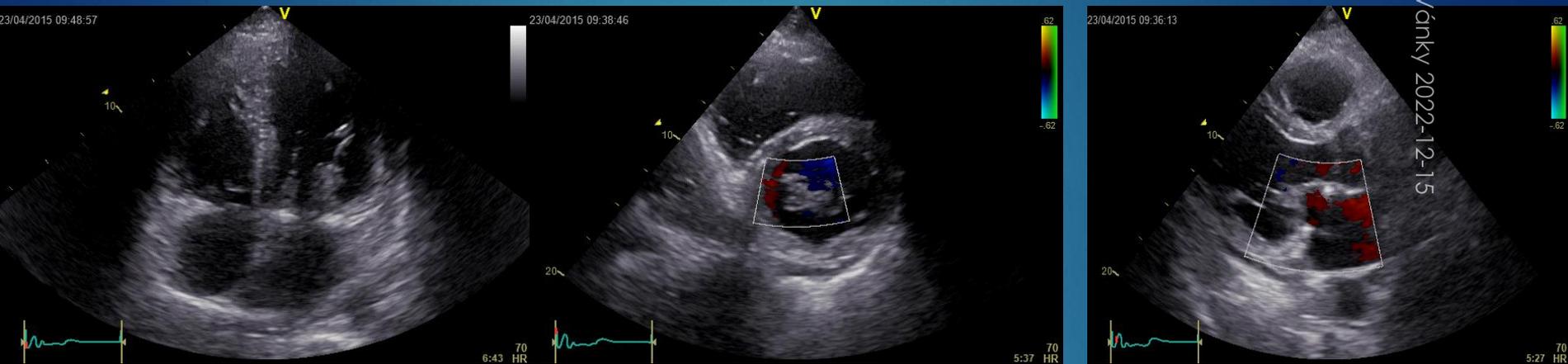


Op PhII-ring 36mm, Neochordae 2 st i P2
Perop: Liten splittrad MI, minskar med ökande tryck

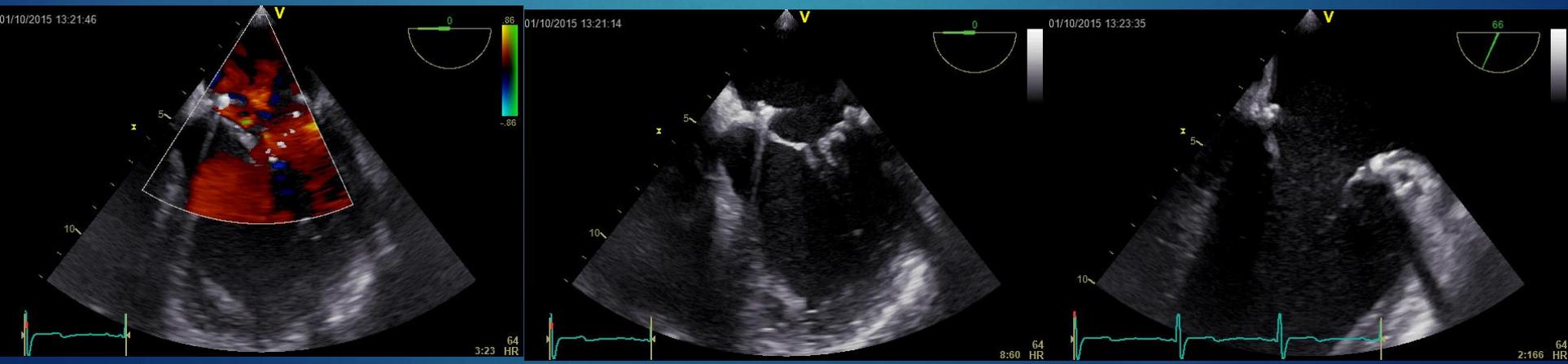


MI-recidiv (LJ -60) postop

Postop 2 mån: Lätt-måttl MI, lätt dil VK 62, God syst VK-funktion

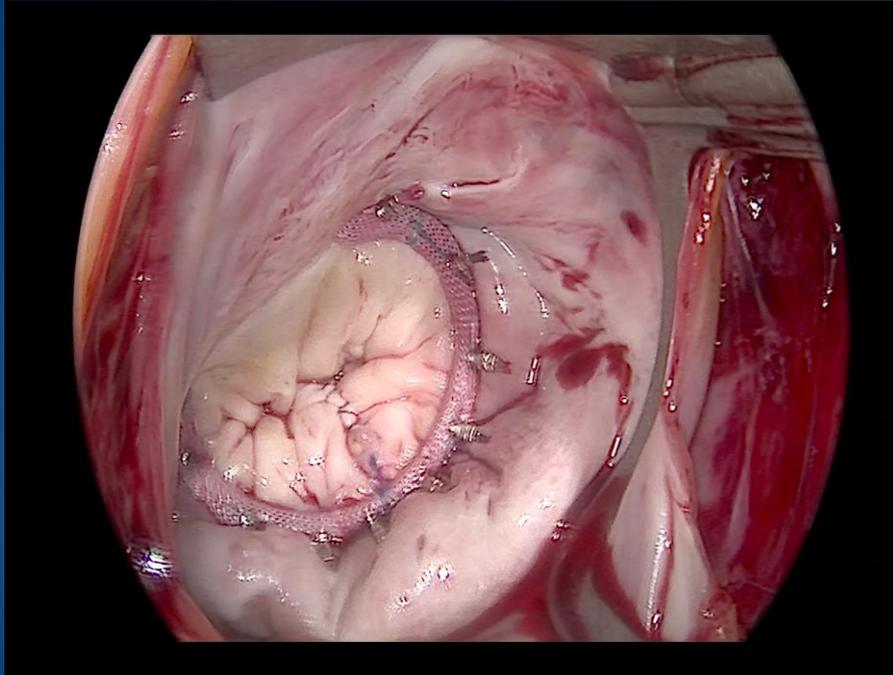


Postop 6 mån: Måttl MI, Normalstor VK med god syst funktion, P2-prolaps
Asymptomatisk, inga begränsningar -> aktiv expectans

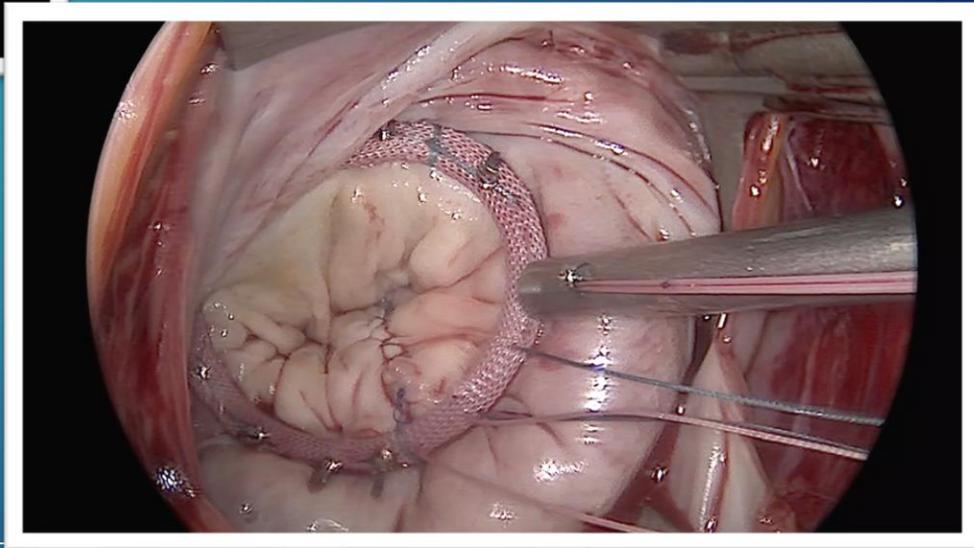
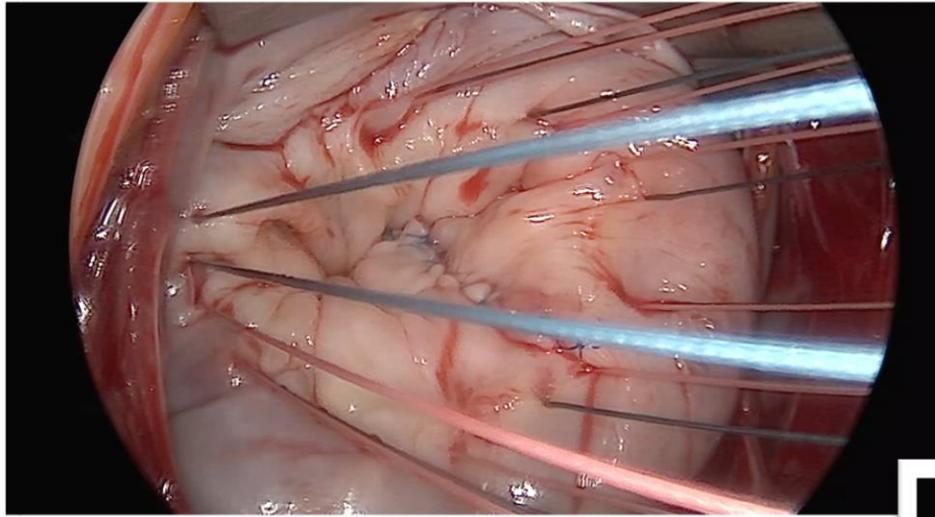


MIMS – Linköping 2019-2023

Farkas Vánky,



MIMS



Vår erfarenhet, N = 173

(2019-09-10 till 2023-11-01)

Mitralis (162)

- ▶ Redo 11 (7%)
- ▶ Cox maze IV 21 (13%)
- ▶ Tricuspid 18 (11%)
- ▶ Annat 15 (9%)

Övriga (11)

- ▶ Tumörer (myxom, fibroelastom) 4
- ▶ Tricuspidalisplastik/-protes 3
- ▶ PFO 2
- ▶ LV pseudoaneurysm redo 1
- ▶ Shunt Ao – RV redo 1

MIMS (162)

Diagnos - åtgärd

| n | Insufficiens | Stenos | Endokardit | Plastik/protes-dysfunktion |
|---------|--------------|--------|------------|----------------------------|
| Plastik | 146 (96%) | | 1 | → |
| Protes | 6 | 1 | 1 | 8 |

| Plastik N=147 | Antal |
|---------------------------|-------|
| Enbart ring | 10 |
| Resektion | 113 |
| Resektion + neochorda | 9 |
| Neochorda | 7 |
| Papillarmuskelplasti k | 11 |
| Baksegel | 123 |
| Framsegel | 31 |

Resultat



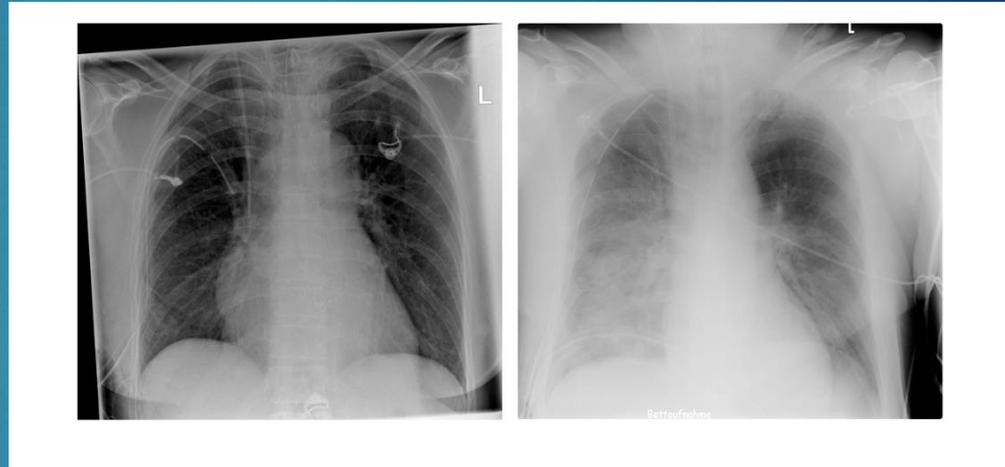
| Preop - Op | Median, antal | Percentil 25:e-75:e |
|--------------|---------------|---------------------|
| Ålder år | 61 | 53-70 |
| Kvinnor | 21% | |
| EuroSCORE II | 1.13 | 0.69-2.16 |
| CCT min | 98 | 83-115 |
| ECC min | 183 | 156-222 |
| Optid min | 238 | 196-280 |
| Konvertering | 6* | *5/70 första g |

| Postop | Median, antal | Percentil 25:e-75:e |
|--|---------------|---------------------|
| CK-MB d1 | 30 | 22-52 |
| Vårdtid postop (d) | 5 | 4-7 |
| Uppföljning | | |
| Total mortalitet (50 mån, median 24 mån) | 2 (1.2%) | D0, D29 |
| MI > +1 | 0 | |
| Reop klaffdysfunktion | 0 | |

Unilateralt lungödem (UPE)

Upp till 20% efter MIMS

“In-hospital outcome with UPE after MIMVS was **not significantly worse** compared to non-UPE patients, and no differences were observed in the long-term follow-up. However, **prolonged aortic clamp time, worse renal and left ventricular function, pulmonary hypertension and transfusion are associated** with UPE.”
(T Puehler, J. Clin. Med. 2021)



Sammanfattning MIMS

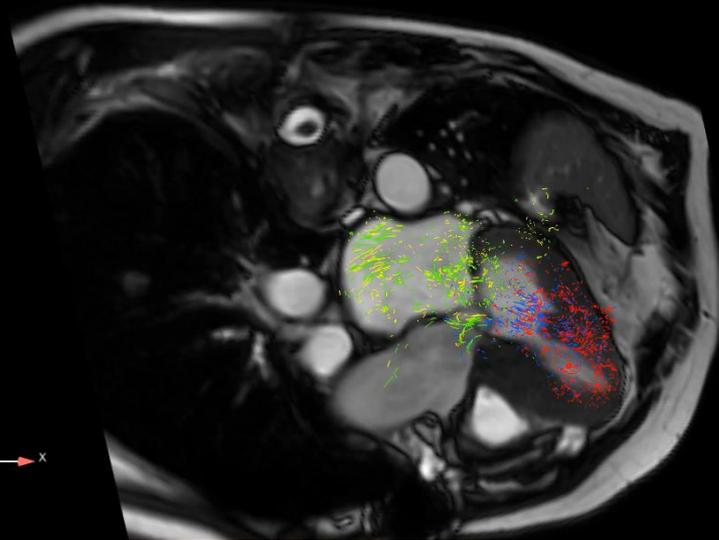
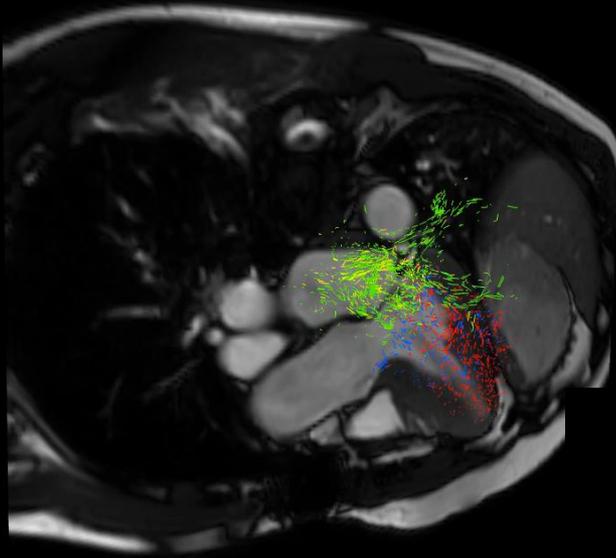
Patient

- Bättre visualisering
- Hög andel plastiker (96%)
- Kortare vårdtid (2d)
- Snabbare mobilisering
- Kortare sjukskrivning
- Alternativ till resternotomi vid redo
- Längre op tid (60-90 min)
- Specifika komplikationer att beakta

Organisation

- ▶ Lägsta volym
- ▶ Underlättar utbildning / delaktighet

4D-flowMRI





Tack för er
uppmärksamhet

Frågor?

